

Freshly Filled White Rolls

served with
Garnish and Crisps

Choose from:

Cheese

Ham

Egg Mayonnaise & Cress

Tuna Mayonnaise
& Sweetcorn

£2.95

Light Bites

SERVED

MONDAY to FRIDAY
12.00 until 6.00 p.m.

SATURDAY
12.00 until 4.00 p.m.

(excluding Holiday Periods)

TWO
FOR **£14**

Don't forget to check
the board for today's

Light
Bites **SPECIAL**

Appleby
Inn Hotel

Restaurant, Bar & Accommodation

Light Bites

Pulled Beef Chilli

Slow cooked pulled brisket of beef chilli offered with boiled rice and chips.

£7.50



Thai Green Chicken Curry

Tender chicken breast in a traditional Thai green curry with coconut, bamboo shoots and green beans, served with boiled rice and prawn crackers.

£7.50

Traditional Lean Meat & Potato Pie

Served with chips and garden peas or homemade mushy peas.

£7.50



Two Slices of Best Ham topped with Two Fried Eggs

Served with chips.

£7.25

One of our generous

Giant Yorkshire Puddings

filled with mashed potato and a choice of the following:

Tender Braised Beef in a Tasty Gravy

Traditional Cumberland Sausage in a Rich Onion Gravy

all served with peas and carrots or mushy peas on request.

£7.25

Breaded Plaice

A lightly crumbed fillet of plaice offered with chips and choice of mushy or garden peas.

£7.25

Hand Beer Battered Cod

A smaller portion of our fresh beer battered cod offered with chips and mushy or garden peas.

£7.50

* 5oz Rump Steak

Grilled to your preference and served with garden peas, fried mushrooms, onion rings and a choice of potato.

£7.50

* 5oz Gammon Steak

topped with either a

warm Pineapple Ring or Fried Egg

served with garden peas, fried mushrooms, onion rings and a choice of potato.

£7.50

***AVAILABLE GLUTEN FREE -
JUST ORDER IT WITHOUT ONION RINGS**

✓ Butternut Squash and Goats Cheese Lasagne

Butternut squash, spinach and goats cheese layered with pasta in a herby tomato sauce, topped with melted cheese. Served with small salad and chips OR garlic bread.

£7.25

Salmon, Lemon and Parsley Fishcakes

Lemon scented salmon and parsley fishcakes in a crisp tempura batter, offered with chips and a choice of garden or mushy peas.

£7.50

Chicken Kiev

A traditional pub classic.

Chicken parcel loaded with a garlic butter filling and coated in a crispy crumb, served with garden peas and salad garnish.

£7.25

Baguettes

Served with a small salad and a handful of chips.

Tender Chicken Breast, Mayonnaise and Shredded Lettuce £7.25

Tuna, Mayonnaise, Sweetcorn and Shredded Lettuce £7.25

North Atlantic Prawns, Marie Rose Sauce and Shredded Lettuce £7.25